Winter Menus *(November 2018 to March 2019)*

Week One				
Monday	Tuesday	Wednesday	Thursday	Friday
Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat				
Chilli Con Carne **celery**	Pepperoni Pizza ** gluten milk**	Chicken, Leek and Tarragon Pie ** Gluten, milk**	Tomato, Basil & Vegetable Pasta Bake ** eggs, milk, gluten**	Chicken Burgers **gluten, soya **
Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal				
Chilli Con Carne **celery**	Cheese and Tomato Pizza **milk, gluten**	Chicken, Leek and Tarragon Pie ** Gluten, milk**	Tomato, Basil & Vegetable Pasta Bake ** eggs, milk, gluten**	Chicken Burgers **gluten, soya **
Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ...				
Red Lentil, Butternut and Baby Spinach Dhal	Cheese and Tomato Pizza **gluten, milk**	Tomato, Basil & Vegetable Pasta Bake ** milk, gluten**	Macaroni Cheese **gluten, eggs, milk**	Cheese and Onion Pie ** milk, gluten**
Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ...				
Jacket with Beans **sulftes**	Jacket, Tuna & Cheese **fish, milk**	Jacket with Beans & Cheese **sulfites , milk**	Jacket With Tuna Mayo **fish**	Jacket, With Cheese and Beans **milk, sulfites**
Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ...				
Steamed Rice, Broccoli & Garlic Bread **gluten**	Season Wedges & Mixed Vegetables **sulphates**	Mash, Carrots and Peas **Milk**	Garlic Bread Carrot and Peas **gluten, milk**	Chips & Sweetcorn Salsa/Ketchup
Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding				
Yogurt Pot or Sliced Fruit **milk**	Yogurt Pot or Sliced Fruit **milk**	Home cooked Dessert	Yogurt Pot or Sliced Fruit **milk**	Jam Sponge & Custard ** gluten, eggs, milk **
Whole fresh fruit is available every day				

Week Two				
Monday	Tuesday	Wednesday	Thursday	Friday
Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat				
Pork Sausage & Winter Veg Mash ** gluten, eggs, milk**	Tandoori Chicken Drumstick	Turkey Meatballs ** gluten, dairy**	Lamb Madras **milk (yoghurt)**	Fish Fingers ** fish, gluten, milk**
Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal				
Chicken Sausage & Winter Veg Mash ** gluten, eggs, milk**	Tandoori Chicken Drumstick	Turkey Meatballs ** gluten, dairy**	Lamb Madras **milk (yoghurt)**	Fish Fingers ** fish, gluten, milk**
Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ...				
Quorn Sausage & Winter Veg Mash ** soya, gluten, eggs, milk**	Penne Pasta Arrabiata **celery ,gluten ,milk ,eggs **	Quorn Meat Balls **gluten**	Vegetable Madras **dairy**	Cheese and Fresh Chive Whirl **gluten, milk ,eggs **
Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ...				
Jacket with Beans **sulfites**	Jacket, Tuna & Cheese **fish, milk**	Jacket With Cheese & Beans **sulfites, milk**	Jacket With Tuna & Cheese **fish, milk**	Jacket with Beans **sulfites**
Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ...				
Onion Gravy, Carrots, Swede & Yorkshire Pudding **gluten, sulfites, eggs, milk**	Turmeric Rice & Mix Veg **coconut milk**	Spaghetti /Garlic Bread & Sweetcorn **gluten, milk, eggs**	Rice, bhajis and naan bread **gluten**	Chips, Peas & Sweetcorn
Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding				
Yogurt Pot or Sliced Fruit ** milk **	Yogurt Pot or Sliced Fruit ** milk **	Home cooked Dessert	Yogurt Pot or Sliced Fruit ** milk **	Chocolate chip shortbread ** gluten, milk**
Whole fresh fruit is available every day				

Week Three				
Monday	Tuesday	Wednesday	Thursday	Friday
Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat				
Lamb Bolognese **celery **	Chicken Tikka Masala **celery, milk**	Roast Chicken Drumsticks	Shepherd's Pie ** milk, celery**	Salmon Fishcake **gluten, eggs, fish, milk**
Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal				
Lamb Bolognese **celery**	Chicken Tikka Masala **celery, milk**	Roast Chicken Drumsticks	Shepherd's Pie ** milk, celery**	Salmon Fishcake **gluten, eggs, fish, milk**
Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ...				
Quorn Bolognese **gluten, eggs, soya, milk**	Vegetable Tikka Masala **celery, milk**	Moroccan stew	Quorn Shepherd's Pie **gluten, dairy**	Warm Onion Bhaji Burger **gluten, eggs, milk**
Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ...				
Jacket with Beans & Cheese ** sulfites, milk**	Jacket with Tuna & Cheese **fish, milk**	Jacket with Beans **sulfites, milk**	Jacket with Tuna **fish, milk**	Jacket with Beans and Cheese **milk, sulfites**
Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ...				
Mixed Vegetables, Pasta and Garlic Bread **gluten eggs, milk**	Steamed Rice with Naan Bread, Bhaji & Broccoli **gluten, eggs**	Roast Potatoes, Stuffing, Pigs in Blankets, Carrot and Swede **gluten, eggs**	Mash, Carrot and Peas **milk**	Chips & Sweetcorn Salsa/Ketchup
Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding				
Yogurt Pot or Sliced Fruit **milk**	Yogurt Pot or Sliced Fruit **milk**	Home cooked Dessert	Yogurt Pot or Sliced Fruit **milk**	Ice Cream Pot **milk**
Whole fresh fruit is available every day				

Week Four				
Monday	Tuesday	Wednesday	Thursday	Friday
Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat Dish ... Meat				
Mozzarella and Basil Pizza **gluten, milk **	Meat & Onion Pie **celery, gluten, eggs **	Mediterranean Chicken Drumsticks	Lasagne **gluten, dairy**	Harry Ramsden Salmon Small Fry **fish, gluten, eggs, milk**
Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal Dish ... Halal				
Mozzarella and Basil Pizza **gluten, milk **	Meat & Onion Pie **celery, gluten, eggs**	Mediterranean Chicken Drumsticks	Lasagne **gluten, dairy**	Harry Ramsden Salmon Small Fry **fish, gluten, eggs, milk**
Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ... Vegetarian Dish ...				
Cheese and Tomato Pizza **gluten, milk **	Leek & Cheese Quiche **celery, gluten, eggs, milk **	Tomato & Broccoli Pasta Bake **gluten, milk, eggs**	Vegetarian Lasagne **gluten, dairy**	Macaroni Cheese **gluten, milk, eggs **
Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ... Alternative Dish ...				
Jacket with Beans & Cheese **sulfites, milk **	Jacket With Tuna Mayo **fish**	Jacket with Cheese **milk **	Jacket With Tuna Mayo and Cheese **fish, milk **	Jacket with Beans **sulfites**
Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ... Vegetables ...				
Seasoned Wedges & Sweetcorn **sulfites**	Mash Potatoes & Carrot and Swede **milk**	Gratin Potatoes, Peas and Carrots **milk, gluten **	Potato wedges, Autumn greens **milk **	Chips & Peas / Parsley Sauce **milk **
Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding ... Pudding				
Yogurt Pot or Sliced Fruit **milk**	Yogurt Pot or Sliced Fruit **milk**	Home cooked Dessert	Yogurt Pot or Sliced Fruit **milk**	Fruit Flapjack
Whole fresh fruit is available every day				