

Week One

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>
Macaroni Cauliflower & Cheese **Dairy, gluten**	Fish & Chips **Gluten, fish**	Homemade Chicken & Lentil Curry	Lamb Kofta Kebabs **Gluten**	Swedish Meatballs & Onion Gravy **Gluten**
<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>
Macaroni Cauliflower & Cheese **Dairy, gluten**	Fish & Chips **Gluten, fish**	Homemade Chicken & Lentil Curry	Lamb Kofta Kebabs **Gluten**	Turkey Meatballs & Onion Gravy **Gluten**
<i>Vegetarian</i>	<i>Vegetarian/VEGAN</i>	<i>Vegetarian/VEGAN</i>	<i>Vegetarian/VEGAN</i>	<i>Vegetarian/VEGAN</i>
Macaroni and/or Cauliflower Cheese **Dairy, gluten**	Veggie Fingers & Chips **Gluten**	Sweet Potato, Lentil, Chickpea & Spinach Curry	Mediterranean Platter (crudité, salad, olives, hummus, feta) & Cous Cous **Gluten**	Quorn Meatballs & Onion Gravy **Gluten**
<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>
Jacket Potato with Beans **Sulphites**	Jacket Potato with Tuna Mayonnaise **Fish, dairy, eggs**	Jacket Potato with Veg Chilli/Chilli con carne	Jacket Potato with Cheese & Homemade Coleslaw **Dairy**	Jacket Potato with Beans/Cheese **Sulphites, Dairy**
<i>Accompaniment</i>	<i>Accompaniment</i>	<i>Accompaniment</i>	<i>Accompaniment</i>	<i>Accompaniment</i>
Crusty Baguette, Roasted Veg Medley **Gluten**	Salad, Peas & Sweetcorn Mix	Steamed Rice, Mini Nan bread, Onion Bhajis **Gluten**	Vegetable Pilau Rice, Homemade Mild Curry Sauce	Creamed Potatoes Mixed vegetables **Dairy**
<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>
Fresh Fruit or Yoghurt **Dairy**	Fresh Fruit or Yoghurt **Dairy**	Ice Cream **Dairy**	Fresh Fruit or Yoghurt **Dairy**	Homemade Lemon Shortbread **Gluten**

**** Allergens ****

Many of our dishes contain traces of celery, if your child has a celery allergy please contact the school to discuss a suitable menu

If a child has any food allergies we like to meet with the parents prior to them taking up school meals so that we can discuss the menus and alternatives in full.

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Homemade Cheese & Tomato Pizza **Dairy, gluten**	Fish Tacos with Guacamole, Salsa, Sour Cream & Chives **Gluten, dairy**	All Day Brunch – Hash browns, beans, sausages, tomatoes, muffin **Gluten**	Homemade Beef Lasagne **Gluten, dairy**	Mildly Spiced Chicken Skewers with warm Noodle salad **Gluten**
<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>
Homemade Cheese & Tomato Pizza **Dairy, gluten**	Fish Tacos with Guacamole, Salsa, Sour Cream & Chives **Gluten, dairy**	All Day Brunch – Hash browns, beans, veggie sausages, tomatoes, muffin **Gluten**	Homemade Beef Lasagne **Gluten, dairy**	Mildly Spiced Chicken Skewers with warm Noodle salad **Gluten**
<i>Vegetarian</i>	<i>Vegetarian/VEGAN</i>	<i>Vegetarian/VEGAN</i>	<i>Vegetarian</i>	<i>Vegetarian</i>
Roast Mediterranean Vegetable Frittata **Eggs, dairy**	Veggie Finger Tacos with Guacamole, Salsa, Sour Cream & Chives **Gluten, dairy**	All Day Brunch – Hash browns, beans, veggie sausages, tomatoes, muffin **Gluten**	Homemade Vegetable Lasagne **Gluten, dairy**	Vegetable Stir Fry Noodles **Gluten**
<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>
Jacket Potato with Beans **Sulphites**	Jacket Potato with Tuna Mayonnaise **Fish, Dairy, Eggs**	Jacket Potato with Veg Chilli/Chilli con carne	Jacket Potato with Cheese & Homemade Coleslaw **Dairy**	Jacket Potato with Beans/Cheese **Sulphites, Dairy**
<i>Accompaniment</i>	<i>Accompaniment</i>	<i>Accompaniment</i>	<i>Accompaniment</i>	<i>Accompaniment</i>
Homemade Cajun potato wedges, Sweetcorn **Gluten**	Chips & Mixed Salad	-	Garlic Bread, Salad, Ratatouille **Gluten**	Egg Fried Rice, Prawn Crackers **Gluten**
<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>
Fresh Fruit or Yoghurt **Dairy**	Fresh Fruit or Yoghurt **Dairy**	Vegetarian Fruit Jelly	Fresh Fruit or Yoghurt **Dairy**	Homemade Flapjack

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Week Three

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<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>	<i>Non Halal</i>
Baked Ratatouille Orzo with nut free pesto & Goats cheese **Gluten, dairy**	Fish fingers & Chips **Gluten, fish**	Peri Peri Chicken with Summer Deli Counter (salads, cous cous, crudité)	Tuna & Vegetable Pasta Bake **Gluten, dairy**	Selection of fresh sandwiches, wraps & Rolls **Gluten, dairy, fish, eggs**
<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	<i>Halal</i>	
Baked Ratatouille Orzo with nut free pesto & Goats cheese **Gluten, dairy**	Fish fingers & Chips **Gluten, fish**	Peri Peri Chicken with Summer Deli Counter (salads, cous cous, crudité)	Tuna & Vegetable Pasta Bake **Gluten, dairy**	Selection of fresh sandwiches, wraps & Rolls **Gluten, dairy, fish, eggs**
<i>Vegetarian</i>	<i>Vegetarian/VEGAN</i>	<i>Vegetarian/VEGAN</i>	<i>Vegetarian</i>	<i>Vegetarian/VEGAN</i>
Sweet Potato & Leek Bake **Dairy, Gluten**	Veggie Fingers & Chips **Gluten**	Peri Peri Quorn fillet with Summer Deli Counter (salads, cous cous, crudité)	Roast Mediterranean Vegetable Pasta Bake **Gluten, dairy**	Veggie Chilli Burritos **Gluten**
	<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>	<i>Alternative Dish</i>
Jacket Potato with Cheese & Homemade Coleslaw **Dairy**	Jacket Potato with Tuna Mayo **Fish, Dairy, Eggs**	Jacket Potato with Veg Chilli/Chilli con carne	Jacket Potato with Beans **Sulphites**	Jacket Potato with Beans/Cheese **Sulphites, Dairy**
<i>Accompaniment</i>	<i>Accompaniment</i>	<i>Accompaniment</i>	<i>Accompaniment</i>	<i>Accompaniment</i>
Garlic Bread, Roast Cauliflower & Broccoli **Gluten**	Chips, Peas, Salad	Selection of fresh salads & herb potatoes	Broccoli	Tomato & Basil Soup, Seasoned Potato Wedges
<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>	<i>Dessert</i>
Fresh Fruit or Yoghurt **Dairy**	Fresh Fruit or Yoghurt **Dairy**	American Pancakes with Berry Compote **Gluten**	Fresh Fruit or Yoghurt **Dairy**	Homemade Lancashire Oat Biscuit **Dairy, Gluten**

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