



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Values	respect	empathy	resilience	responsibility	kindness	fairness
Rights	<u>Article 15</u> : You have the right to choose your own friends and join in or set up groups. <u>Article 28</u> : You have the right to a good education.	<u>Article 8</u> : You have the right to an identity. <u>Article 19</u> : you have the right to be protected from being hurt and mistreated in body or mind.	<u>Article 12</u> : you have the right to give your opinions and for adults to listen and take it seriously.	<u>Article 27</u> : You have the right to food, clothing, a safe place to live and have your basic needs met. <u>Article 29</u> : Your education should help you use your talent and abilities.	<u>Article 37</u> : No one is allowed to punish you in a cruel and harmful way.	<u>Article 14</u> : You have the right to choose your own religion and beliefs. <u>Article 30</u> : You have the right to practice your own religion.
Lead subject						
YN	FMS development: Using large muscle movements	FMS through dance: jumping, balancing. Core strength, coordinate arms and legs	FMS through Dance: jumping, leaping, hopping	FMS through yoga: core strength and balancing	FMS through Gymnastics: Skipping and hopping	FMS through games: Object manipulation: catching, throwing, kicking. Team games
	Climbing: up and down small structures	Climbing: stepping up and down, balancing	Climbing: up and down hill in a variety of ways (crawling, walking, running, rolling)	Climbing: using gym equipment inside. Under and around	Climbing: using gym equipment inside. Over, on and through	Climbing: using gym equipment inside. Jumping and landing
YR	Dance: combining movements with control and grace	Gymnastics: Body strength, coordination balance and agility	Gymnastics: Body strength, coordination balance and agility Using the equipment safely	Object manipulation: throwing, catching, kicking, passing, batting and aiming	Coordination: core strength	Building confidence: developing game situations
Y1	Class: Fundamental Movement Skills 1 Sports Coach: Gymnastics – Balancing and spinning	Class: Invasion Games Skills 1 Sports Coach: Dance	Class: Fundamental Movement Skills 2 Sports Coach: Gymnastics - Pathways	Class: Gymnastics – Wide, narrow and curled rolling Sports Coach: Target Games 2	Class: Dance Sports Coach: Net and wall skills	Class: Striking and Fielding Games Skills 1 Sports Coach: Object Manipulation/Athletics
Y2	Class: Dance Sports Coach: Fundamental Movement Skills 3	Class: Net and Wall Game Skills 2 Sports Coach: Gymnastics – stretching, curling and arching	Class: OAA Sports Coach: Target Games 3	Class: Gymnastics – spinning, turning and twisting Sports Coach: Invasion Games Skills 2	Class: Dance Sports Coach: Athletics 2	Class: Striking and Fielding Game Skills 2 Sports Coach: Tri Golf
Y3	Class: Gymnastics – Linking movements together Sports Coach: Tennis	Class: OAA Sports Coach: Netball	Class: Yoga Class: Tri Golf	Class: Hockey Sports Coach: Gymnastics – symmetry and asymmetry	Class: Cricket Sports Coach: Dance	Class: Handball Sports Coach: Athletics
Y4	Class: Swimming Sports Coach: Badminton	Class: Swimming Sports Coach: Flag Football	Class: Swimming Sports Coach: OAA	Class: Swimming Sports Coach: Gymnastics – Partner work – pushing and pulling	Class: Swimming Sports Coach: Athletics	Class: Swimming Sports Coach: Rounders
Y5	Class: Dance - Haka Sports Coach: Tennis	Class: Gymnastics – Matching, mirroring and contrast Sports Coach: Invasion Gaelic Football	Class: Volleyball Sports Coach: Dance	Class: Tag Rugby Sports Coach: Gymnastics – synchronisation and canon	Class: Cricket Sports Coach: Target – Archery	Class: OAA Sports Coach: Athletics
Y6	Class: Gymnastics - flight Sports Coach: Football	Class: Hockey Sports Coach: Badminton	Class: Dance Sports Coach: Danish Longball	Class: Dodgeball Sports Coach: Lacrosse	Class: OAA Sports Coach: Gymnastics – counter-balancing and counter tension	Class: Skittle Ball Sports Coach: Ultimate Frizbee