



Chorlton Park PE and Sport newsletter



Welcome to our first Chorlton Park PE and Sports newsletter. We will be sending one each term to update you on curriculum PE, School Sport and Physical Activity happening at school.

Sports Ambassadors

This half term the children have chosen their Sports Ambassador representative for each class from Year 1 through to Year 6. Lots of children prepared speeches and presentations to share with their class mates. In true democratic style the class then voted for who they wanted to represent them on our Sports Council. Congratulations to all the children who put themselves forward to be elected, you all had great ideas and enthusiasm.

Congratulations to our elected officials:

Year 1 – Eesa, Zakaria & Isabelle

Year 2 – Gabriella, Michelle & Daisy

Year 3 – Harrison, Nylah & Idris

Year 4 – Bertie, Oscar & James

Year 5 - Herbie, Seth and Aisha

Year 6 – Dante, Qasim & Mikail

We have already held our first meeting and the children's first responsibility was to feedback on what they thought they could bring to the council and also interview different classes about what they have enjoyed in PE so far this half term. You will hear more from them in the next edition of the newsletter.

School Games Value

At Chorlton Park we take a holistic approach to teaching PE and believe PE teaches much more than physical skills. We promote The School Games Values in all the physical activity we do. These are also embedded throughout the competitions we enter run by Manchester PE association and The School Games team.

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The values are: Respect, Determination, Teamwork, Honesty, Passion, and Self-Belief.

The Sports Ambassadors will be talking more about them to the children during an assembly next half term. Look out for a picture of our School Games Values display on Class Dojo.

The children will also have the opportunity to be awarded a PE certificate for displaying these values during lessons.

Competitions

We have been delighted to be able to attend competitions again after a long wait due to covid restrictions.

There are two types of competitions we attend: Excel and Inspire. Inspire tournaments focus less on competition and more on learning the skills while competing with other schools. The children mark the each other based on the School Games Values and the winners are awarded based on how well they display these values during the games. Excel tournaments follow a more traditional scoring system to decide the winners, while still focusing on the values.

The competitions began with **Cross Country** taking place in Chorlton Park. We love this event as we are able to enter as many children as we want to this. We were (and so were the other schools) amazed by how many children wanted to give it a go. We had over 60 children running from years 4-6. The children had to run 1.2km in the first week and 1.5k in the second. Over the 2 weeks there were 500 runners that completed the course. What a great turn out for Manchester schools!

All Chorlton Park runners finished the race and we had many highly placed runners. The girls' team came in 3rd place, narrowly missing out on the Citywide Finals. The boys' team were placed 1st and moved through to the Finals along with 2 individuals from the girls' team. At the Citywide Finals we achieved 3rd place medals. Congratulations to all the runners.

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Year 5 and 6 children took part in **Tag Rugby** tournaments at William Hulme Grammar school. In the Inspire competition we were awarded 3rd place while in the Excel tournament we came 4th. What brilliant achievements!

There was a closely fought **Handball** competition at Chorlton High School, where we narrowly missed out on making the Semi Finals.

Another great competition was **The Sports Hall Athletics** at Loreto High School

We were also able to take some of our Year 2, 3 and 4 children to **New Age Kurling**.

Football is a very popular sport with our children and we have entered a boys and a girls' team into the Manchester leagues. They have both started the season brilliantly and the girls were unbeaten in their tournament earlier in the term. Great work!

Most of the competitions we enter are unfortunately restricted to children from Year 5 and 6 and we endeavour to include as many children we can. There are a couple of opportunities for younger year groups coming up over the year so watch this space. Our aim as always, is to celebrate our children's talents and inspire a love of sports.

Active photos

A huge thank you to everyone who sent in photos of the children being active. It was wonderful to see so many of our children enjoying sports and exercise. These will be up on display next half term so watch out on Class Dojo.

Sporting Successes

We recognise that lots of children attend clubs and take part in physical activity outside of school and we want to foster this enthusiasm. We have recently introduced a sporting successes box for KS2. We have invited the children to share the sporting success they are proud of and these will be celebrated by our sports leaders in assemblies next term. We would love it if you could encourage your

children to share them with us. We will be launching it for KS1 later next term.

Local Clubs

We know lots of children already play for West Didsbury & Chorlton. If you are interested in joining there is more information below.

West Didsbury & Chorlton is your local football club playing their games at Hardy Farm and Chorlton Park.

If you are interested in playing football with West Didsbury & Chorlton Juniors then you can contact Tim Manley at the club and he can put you in touch with the team manager.

They are especially looking out for girls who want to take up football.

email: timjohnmanley@gmail.com

To find out more about the club and to go and watch a game then visit www.wdcfc.co.uk – it's a great afternoon out and under 12s are free.

More local clubs' information will be in the next newsletter. If your children attend clubs that you would like to share with our school community please email their information to loneill@choltonpark.manchester.sch.uk

Curriculum PE

Children in **nursery** and **reception** have the opportunity every day to take part in **physical development** activities. Physical play includes activities that use physical movements to allow children to use their energy, helps to develop gross and fine motor skills and learn new things and socialise.

Physical activities help to develop the whole body and muscle but also to build confidence, social skills, elevate the mood, encourage children to try new activities. enhance concentration and resilience and maintain mental and emotional wellbeing.

Year 1 have been focusing on their fundamental movement skills and learning the skills needed to

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play invasion games. There has been lots of jumping, balancing, passing and catching.

Year 2 have been enjoying fundamental movement skills and also Netwall skills with Mr Davies. Each class has also developed a dance based on their Big Question Topic on the Great Fire of London and created sequences of rolls and stretches in gymnastics with their class teacher.

Year 3 have been linking movements together in Gymnastics and worked on their communication and teamwork skills in OAA (Outdoor Adventurous Activities). Mr Davies has been helping them with their tennis and netball skills.

Year 4 have really enjoyed learning invasion games this term through basketball and flag football. The children have also created some brilliant sequences using matching and contrast in gymnastics and have loved playing dodgeball.

Year 5 loved learning the Haka in their dance lessons and have also used unison and cannon in gymnastics. They have enjoyed tennis and tag rugby also.

Year 6 started the year with gymnastics and moved onto hockey. We have been delighted that the children have been able to attend Swimming lessons, as they cut short due to covid back when they were in Year 4.

It has been wonderful to see the children enjoying their PE lessons in our new gym and now we have a new sports surface outside that we are looking forward to using.

Class Dojo

Please look out for photos and videos of your children's PE lessons on your class Dojo page. We want to celebrate all the wonderful learning happening across school.



UNICEF articles:

Article 28:

You have the right to a good quality education and encouraged to achieve your highest level

Article 29:

Education should help you develop your talents and abilities.

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