# E-safety workshop

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# Aims

Potential risks

Understand how to set up parental controls

Risks of Gaming

Tips

Useful websites

# Potential Risks

Cyber bullying

Grooming

Inappropriate websites

Exposure to explicit material.

Viruses, hacking and security

# Parental Controls – broadband

The 5 big internet providers in the UK – **BT, Sky, TalkTalk, Plusnet** and **Virgin Media** - provide their customers with free parental controls.

These providers offer filter levels e.g. BT provides 'light', 'moderate' or 'strict' filter levels.

Parents can :

- customise their parental controls.

- allow and block specific sites.

- set filter times.

- set limits for time online.

# Parental Controls
## Gaming Devices

Parental controls can also be set up on games consoles, such as Playstation, Xbox and Nintendo Wii.

Restrict games based on age rating.

Restrict time spent e.g. On the Xbox 360/ONE activate the "Family Timer" to limit the total amount.

Control your child's friend requests so you know who they're playing with online.

Restrict online user-to-user communication and the exchange of user-generated content.

# Parental Controls
## Smartphones and tables

Add restrictions to your devices

All mobile network providers provide parental controls.

e.g. Tesco Mobile and O2 have a parental control option to ensure that only websites they have classified as suitable for children under 12 can be accessed. Contact your service provider to find out about filtering options.

# Risks of gaming

Many online games have communication features which allow their users to interact anonymously e.g. Minecraft (all devices)

Cyberbullies may harass fellow gamers and online scam artists may promise virtual goods in an effort to get credit card information e.g. Xbox live

Some game consoles allow internet access as well, so it is important to be aware of their communication features.

# Tips

Keep the computer in a high-traffic area of your home.

Establish limits for which online sites children may visit and for how long.

Remember that Internet technology can be mobile, so make sure to monitor mobile phones, gaming devices, and laptops.

Surf the Internet with your children and let them show you what they like to do online.

Know who is connecting with your children online and set rules for social networking, instant messaging, e-mailing, online gaming, and using webcams.

Check the browser search history on a regular basis.

Parental controls on the internet, consoles and tablets.

# Useful websites

www.saferinternet.org.uk/advice-and-resources/a-parents-guide/internet-enabled-devices

www.kidsmart.org.uk/beingsmart

www.childnet.com/resources/parental-controls

https://www.thinkuknow.co.uk/parents/Primary/

http://www.netsmartz.org/Parents

www.iwf.org.uk