

Sandwiches

Egg Mayonnaise Sandwich on 50/50 White/Wholemeal Bread with Salad

Ingredients	D	E	F	G	O
Bread				Y	
Egg		Y			
Mayonnaise		Y			
Salt					
Pepper					

Tuna Mayonnaise Sandwich on 50/50 White/Wholemeal Bread with Salad

Ingredients	D	E	F	G	O
Bread				Y	
Tuna			Y		
Mayonnaise		Y			
Salt					
Pepper					
Lemon					

Tuna & Salmon Mayonnaise Sandwich on 50/50 White/Wholemeal Bread with Salad

Ingredients	D	E	F	G	O
Bread				Y	
Tuna			Y		
Salmon			Y		
Mayonnaise		Y			
Salt					
Pepper					
Lemon					

Cheese Sandwich on 50/50 White/Wholemeal Bread with Salad

Ingredients	D	E	F	G	O
Bread				Y	
Cheese	Y				
Butter	Y				
Pepper					
Lemon					

Chicken Mayonnaise Sandwich on 50/50 White/Wholemeal Bread with Salad

Ingredients	D	E	F	G	O
Bread 50/50				Y	
Chicken Pieces (44g)					
Mayonnaise		Y			
Salt					
Pepper					

KEY:	
D =	Diary
E =	Egg
F =	Fish
G =	Gluten
O =	Other (eg soya or celery) always indicated.