

School Sport and Physical Activity at Chorlton Park Primary School

At Chorlton Park we endeavour to provide all our pupils with opportunities to take part in extracurricular activities involving sport or exercise. As a Right Respecting school we believe our pupils have the right to join different groups (Article 15) Our clubs are run by a external providers and by members of staff before and after school We aim to promote the importance of sport to develop healthy lifestyles, maintain mental well-being and developing skills such as teamwork, resilience, and respect; some of our school values. We are working hard to develop links with local clubs and high schools to continue to promote this message further than Chorlton Park and develop an enjoyment of sport for all.

Clubs

We provide a variety of different sports and fundamental movement activities before and after school across the academic year from EYFS to Year 6. Our clubs are run by external providers and by members of staff.

- Multi sports
- Gymnastics
- Football
- Netball
- Dance
- Wake up – Total Ninja (fitness Change4Life club)
- Wake up Shake up
- Dodgeball
- Skateboarding
- Dough Disco
- Yoga
- Street Dance

Competitions

All children are encouraged to participate in a variety of sporting opportunities through termly intra competitions or inter school competitions. Competitions are attended throughout the year to foster differing abilities – excel, inspire and inclusion.

Active breaktimes

During playtimes our Sports Ambassadors have designed and implemented a range of opportunities for pupils to take part in sports activities. These range from basketball, tennis, football, hockey and other equipment to allow children to be active at playtime and lunchtimes.

Active days/classrooms

We have implemented initiatives to instil a love of being active. In the summer term Year 1 take part in a morning run. Year 6 complete a daily run. All classrooms use Go Noodle for active and calming active breaks.



